

1

STATE OF MARYLAND

FINAL

2

3

ADVISORY COUNCIL ON PRESCRIPTION DRUG MONITORING

4

5

AMERICAN CANCER SOCIETY

6

WHITE MARSH HEADQUARTERS

7

8219 TOWN CENTER DRIVE

8

BALTIMORE, MARYLAND 21236

9

10

11

APRIL 17, 2009

12

9:40 a.m.

13

14

15

BEFORE THE HONORABLE JOHN F. FADER, II, Chairman

16

17

DAVID SHARP, Ph.D., Presenter

18

Director, Center for Health Information Technology

19

20

21

Reported by: KENDI IRWIN, CSR

22

ALSO IN ATTENDANCE:

1

2

3

4

DR. J. RAMSAY FARAH

LARAI FORREST, ESQUIRE

5

ALAN FRIEDMAN

DR. ROBERT L. LYLES, JR.

6

DORCAS ANN TAYLOR

DR. PETER COHEN

7

DR. DEVANG H. GANDHI

BRUCE KOZLOWSKI

8

JOSEPH PARADIS

GEORGETTE P. ZOLTANI

9

FRANCESCA GIBBS

MANDY DAVID

10

TERRY RILEY

GAIL AMALIA B. KATZ

11

GWENN HERMAN

PAUL HOLLY

12

JANET GETZEY HART

MALCOLM HERMAN

13

14

15

16

17

18

19

20

21

22

1 (Whereupon, the meeting of the Advisory
2 Council commenced at 9:40 a.m.)

3 JUDGE FADER: Good morning. The first thing
4 I want to do is to ask if anybody has any objections,
5 changes, suggestions, or anything with regard to the
6 minutes of February 27, 2009. If any of you do now,
7 we would appreciate you talking to us about it and
8 making suggestions. Since there are a number of
9 people that really can't come today, we're also going
10 to send an e-mail out and we're going to say that
11 anyone else who has any suggestions with regard to
12 changes to the minutes must in fact tell Georgette and
13 communicate to her. And I'll ask Georgette to send
14 that e-mail out today, no later than the close of
15 business on 5/8/2009. So anybody that has anything
16 now, can you tell us? If anybody doesn't, then
17 Georgette will send that e-mail out.

18 The next thing is I'm going to ask you to
19 take a look at your calendars. We have pretty much
20 our last session to really gather information will be
21 on June 5th. And Joe Curran is going to come to talk

22

1 to us just for an hour or less. You may remember
2 General Curran was ill and could not come one session,
3 could not come today because the lady that he is going
4 to present this with, his son-in-law needed that lady
5 in Annapolis, and there was no way I was going to get
6 in a fight with his son-in-law, the Governor. I've
7 got enough trouble in life without irritating the
8 Governor. So Joe will be here and is looking forward
9 to the presentation on the 5th. And then Gail and
10 Gwenn, and who else? Just you two?

11 MS. KATZ: Well, we have speakers. We're
12 going to arrange the speakers.

13 JUDGE FADER: You two are going to spearhead
14 that.

15 MS. KATZ: That's right.

16 MS. HERMAN: Yes.

17 JUDGE FADER: That then really is our last
18 information gathering. What will occur then is we'll
19 send you out a great number of issues to comment on,
20 as to here are the issues that we have seen generated,
21 here are the categories where we feel those issues

22

1 belong, questions. And then during the summer,
2 Georgette has a student, and a couple of University of
3 Maryland School of Law students will start to gather
4 all the statutes and information from other states as
5 to what their experience will be, so that will all go
6 along with the information as far as the issues that
7 we need to address.

8 Then we'll start looking at the issues,
9 trying to rearrange them, see who thinks what belongs
10 where, when, how, all the adverbs and everything. And
11 then we'll start discussing these issues at meetings
12 and taking votes and stating positions for the
13 Legislature. I wouldn't be surprised if there weren't
14 two or three different positions on some of these
15 issues, more than that maybe. And everybody will have
16 their say. And we would ask that all those says be
17 put in footnotes and notes so that when the
18 Legislature gets around to this they can determine
19 what they're going to do.

20 I would like to hold the next meeting on
21 either July 10th or July 17th, and I am just going to

22

1 mention that to you now. I'll mention it to you at
2 the end of the period, and we will all talk then about
3 which of those days. And we'll send out an e-mail to
4 see, I imagine with vacation periods, we'll have a
5 little bit more difficulty with some of those days
6 than other days and things of that sort, but we have
7 got to do some work during the summertime. Then we
8 have got to have another meeting in September, another
9 meeting in October, and then a meeting the first of
10 November. And at the end of the November meeting,
11 then we will have maybe 45 days to write the report
12 and get the report in. But we do plan to have
13 meetings September, October, November, those three
14 months in the beginning.

15 Anybody have any questions or suggestions or
16 anything?

17 DR. LYLES: Are we going to skip the June
18 meeting?

19 JUDGE FADER: No. The June meeting is June
20 5th. And that's the day when General Curran is going
21 to come to make his presentation, and that is the day

22

1 that Gwenn and Gail will have speakers. And those
2 speakers of course will be people who work with pain,
3 and have had pain, but they will also be people who
4 will tell you how scared they are and why they're
5 scared of war stories that some people have gone
6 off-the-wall and have not done well by some of the
7 overt actions and have caused a diminution in
8 enthusiasm for some physicians to write medicine and
9 all things of that sort. But Gail and Gwenn know that
10 better than I do, things that we need to have
11 avoided.

12 Anything else from anybody before we start?
13 A couple people said they needed to leave early. So
14 I'm not sure this is going to be a very, very long
15 meeting today, or as long as the other meetings that
16 have gone until 12:30, but we'll see.

17 David Sharp works for the Maryland Health
18 Care Commission. I have seen that name in footnotes,
19 administrative appeals that have come before me all
20 over the place. Their nose seems to be in so many
21 things. And I have always said that I've got to find
22

1 out some day what they do. And Bruce is going to
2 introduce David and also give us an overview of that
3 small very, very powerful agency.

4 So, Bruce, if you would be good enough to do
5 that, it would be very much appreciated.

6 MR. KOZLOWSKI: Okay, I'll be happy to.

7 JUDGE FADER: Bruce, you work for that
8 agency, also?

9 MR. KOZLOWSKI: Yes, I sure do. The
10 Maryland Health Care Commission is a relatively small
11 organization that touches many parts of health care in
12 Maryland. The first thing I'd like to do is recognize
13 one of our newest commissioners. Dr. Lyles has joined
14 the Commission and we're very, very pleased to have
15 him. He should really be doing this because yesterday
16 he was exposed to orientation and found out that in
17 two hours we never got finished. So I'm going to keep
18 this brief. I've asked David, which I think is
19 appropriate, David will talk about his Center.

20 The Commission is divided into Centers. We
21 have a Center that addresses the following, and some

22

1 of you may have been involved or at least heard about
2 it. We do certificate of need. Certificate of need
3 in Maryland is if you are going into any development
4 or improvement for hospitals in excess of 11.2
5 million, for nursing homes in excess of 5.4 million,
6 you have to come to the Commission. You go through a
7 very thorough process in which you make applications.
8 There is an extensive review and analysis done to see
9 what the impact is. There is a needs analysis to see
10 whether in fact there is a need for that to be done.
11 And in the end, if you get approval, you get to go
12 forward and either build or make the changes. So that
13 affects hospitals, nursing homes.

14 We actually have certificate of need for
15 home health, hospice, and med-surg or ambulatory
16 surgery. Two of those obviously don't have brick and
17 mortar. Maryland is unique in the fact that they deal
18 with home health and hospice with certificate of
19 need.

20 That's the operational side. On the policy
21 side of the regulatory side is the State Health Plan.

1 And the State Health Plan is a rather large document
2 that lays out all the rules and regulations that
3 providers have to go through in order to even make
4 their application to start with. It sets up
5 standards, again, so that we're not wasting state
6 resources looking at something that has no opportunity
7 or reasonableness to even be considered to start
8 with.

9 The other thing we get involved in
10 extensively is long-term care. The agency is very
11 proactive in making information public, so that
12 consumers, Marylanders, can in fact look to our
13 website, look to our reports to make conscious
14 decisions about what they want and do not want to do.

15 In long-term care, I invite you all if you
16 have pens in hand to go to www.mhcc.maryland.gov. Go
17 to our website, there are buttons on there it will
18 take you to various and sundry other areas. You can
19 spend hours, and hours, and hours learning about all
20 your business colleagues in health care in Maryland.

21 Long-term care is very close to my heart. I

22

1 run two Centers at the Commission, and the long-term
2 care website actually allows you to go in and you can
3 compare up to five nursing homes at a time and get a
4 complete spillout of what they look like, the number
5 of beds they have, the number of toilets they have,
6 single rooms, what their quality of care history has
7 been. You can actually do evaluations. That alone
8 gets about 20,000 hits a year.

9 We also do an annual survey called
10 experience of care to find out how people feel about
11 their care in nursing home. That has also been
12 published, and in fact was featured nationally this
13 year in Washington because of its success.

14 The other thing is we are soon to expand in
15 that process to include assisted living, home health,
16 hospice, and services for homes. So we're very
17 web-based in what we do.

18 We also do disparities. The Department of
19 Health does health disparities, and we do health care
20 disparities and we deal with issues of how people are
21 treated when they see their medical provider. That's

22

1 been our focus, and we did a briefing on it
2 yesterday.

3 We also are responsible for the small group
4 market in Maryland. Ironically Maryland is a state in
5 which if you are an employer with 250 employees and
6 you want to have health care and you want to do it
7 outside of the individual market, you must buy through
8 the small group market. And we run the small group
9 market in Maryland. About forty percent of all the
10 employers in Maryland participate. That sounds low,
11 but that happens to be the national average, because
12 others being small employers may get it through a
13 spouse, may buy it through the individual market. So
14 that's just another piece that we do.

15 And as part of the small group market, we
16 are responsible to do the analysis, clinical, social,
17 and financial analysis for all mandates that the
18 Legislature opts to want to put into place in
19 Maryland. And so we get a number of those each year
20 that we work on. And even when we don't ask for
21 studies, and we're strictly a fees organization, no

22

1 appropriation, we always pick up about eight or nine
2 studies in a given year. Last year fourteen, which
3 was kind of fascinating.

4 Commercial health plans. All the commercial
5 health plans that you buy services through or
6 participate in we oversight from a quality and
7 performance reporting perspective. And we do that
8 working with NCQA. We do that working with a CAPS
9 organization and we also work with Evaluate, which is
10 administrative review group. That is also published
11 on our website and also provided to all State
12 employees during open enrollment, which is occurring
13 right now.

14 We have eliminated about 125,000 documents a
15 year that used to be printed by going electronic. And
16 we found out that the public, since we have backup for
17 those who do not have computer capability to call in
18 and get information with manual assistance. It's
19 worked out very, very well, and Marylanders seem to be
20 very, very happy with that.

21 We do special reports for the Legislature.

22

1 We finished a two-year report on long-term care. We
2 also operate a partnership, which is a subsidy program
3 for the smallest of small employers, and we are now
4 engaged in a rather extensive effort over the next
5 several months with the Legislature and the health
6 plans in looking at reforming health care in Maryland
7 and coming up with proposals for the next session.

8 As I said, the last piece is we have -- one
9 of our Centers that collects encounter data from
10 health plans, and by the year 2012, we will in fact
11 have encounter data for all physician services and all
12 pharmacy services. We have all hospital services. We
13 hope from an analysis standpoint in a protected, very
14 secure environment which we have, we'll be able to
15 take and bring this information together and actually
16 track and see what is occurring in Maryland's
17 marketplace so we can better report both to
18 Marylanders and companies about what is happening and
19 to the Legislature from a policy perspective.

20 That's the short form of what an agency with
21 58 people does.

22

1 JUDGE FADER: Let me just say this. This is
2 an unusual agency. The Legislature delegated to this
3 agency, and the only other one I've had experience
4 with that's like this is the Chesapeake Bay Critical
5 Areas Commission, where the Legislature delegates a
6 substantial amount of quasi-legislative functions.

7 The Board of Pharmacy, the Board of
8 Physicians have the authority, very limited authority
9 to enact regulations dealing with the practice of
10 medicine, the practice of pharmacy. But these two
11 agencies have enormous authority to set plans for
12 state health care, things of that, which are not
13 subject to judicial review. The only thing is do they
14 conflict with the Constitution or are they within the
15 ambit of the envelope that's created by the
16 Legislature. It is a very, very powerful agency.

17 There are two opinions from the Court of
18 Appeals that were my main introduction into the
19 Maryland Health Care Commission. They were fighting
20 over -- they want to put another 125 cardiac beds in
21 some hospitals in Montgomery or Prince George's, I

22

1 can't remember what it was, and they included the
2 Washington hospital beds. And Judge Wilner and Judge
3 Eldridge went back and forth as to what the power of
4 the Commission was and things of that sort. So I'll
5 put those little things in a footnote. But a lot of
6 what you do is legislative.

7 MR. KOZLOWSKI: Yes, it is.

8 JUDGE FADER: Most of what you do is
9 legislative.

10 MR. KOZLOWSKI: It is. We're an independent
11 agency and we are a think tank for both the Governor's
12 office and for the Legislature, and we do it separate
13 and distinct. It works quite well.

14 JUDGE FADER: What they do, they do studies,
15 but they have as much authority probably as the
16 Chesapeake Bay Critical Areas Commission to establish
17 legislation outside of the Legislature. I don't
18 really know any other agencies that have all that
19 power, except you two.

20 So what is David Sharp going to do for us
21 today?

22

1 MR. KOZLOWSKI: If we could be so kind,
2 David is our guru in the management of data exchanges
3 and data movement. And I have asked David to give you
4 a brief overview of his Center and then a
5 presentation. Do we have about an hour?

6 JUDGE FADER: We certainly do. Isn't the
7 important thing is Maryland is going in to record
8 collection?

9 MR. KOZLOWSKI: Absolutely.

10 JUDGE FADER: So that is probably the first
11 thing. Is Ken Whitmore here?

12 (No response.)

13 JUDGE FADER: From SureScripts. I sent him
14 all this information. He was going to come, but I
15 have not seen him.

16 MR. KOZLOWSKI: David is very much of aware
17 of all that and can talk to you about what our game
18 plan is over the next couple years because David is
19 also leading on behalf of the administration and the
20 Legislature the project to go to electronic health
21 records. Both of these work very well. I'm pleased

22

1 to present Dr. Sharp.

2 DR. SHARP: Good morning, everybody. It is
3 a pleasure to be here. I want to talk to you a little
4 bit about couple of things. I think presentations
5 work best that are very informal. So as I'm going
6 through, things pop to mind, if I'm taking you in a
7 direction and not giving you enough information, stop
8 me and let's dig a little bit. We have the time and I
9 can assure you I won't run over. And if we can finish
10 a little early that may be helpful to some of you.

11 To begin with, let me tell you about what I
12 do at the Maryland Health Care Commission. My job is
13 to head up the Center for Health Information
14 Technology. We are a small component, small center
15 within the Maryland Health Care Commission, but we are
16 very mighty. We do a lot of things in the industry
17 around technology.

18 Two broad goals: One is to advance the
19 adoption of electronic health records in the state,
20 and the second one is to put into place the
21 infrastructure to support the movement of patient
22

1 information, patient data, on this highway. Think of
2 it in terms of the Internet, if you will, but a
3 different form of Internet. The patient information
4 can go from provider to provider in a secure manner
5 where oddly enough or uniquely enough that the patient
6 controls that data.

7 So what we want to do is try to put in place
8 this infrastructure, and we're making steps to do
9 that. To give you some examples: Today electronic
10 health records, when you go see your physician,
11 they're in play roughly eighteen to twenty percent of
12 the time of the about six thousand one hundred plus
13 physician practices in the state. So you figure
14 that's a small number. We have a long way to go.

15 Today if you need your medical record you go
16 into your physician, you fill out the paperwork, they
17 give you the stack, in some cases a small stack, in
18 some cases a large stack. We have wonderful patient
19 information silos. They're paper information silos.

20 And for the physicians today in the
21 hospitals that are moving into the electronic world,

22

1 that data has become more electronic. But it is still
2 an electronic silo. Because the information is still
3 stored uniquely to that institution.

4 So getting these end points to adopt the
5 technology is very critical. It is critical for us as
6 patients because we get better care. It doesn't take
7 a lot of time. You will often hear patients complain
8 about the clipboard, you go in, you have to fill out
9 reams, and reams, and stacks of information, say the
10 same thing over and over again. And wouldn't it be
11 nice if that information could move around to the
12 providers and offices that you authorize. So we are
13 getting the infrastructure.

14 I've talked a little bit about the support.
15 This infrastructure is new not only to Maryland but it
16 is new to the nation. There has been a lot of work
17 that's going on to try to figure out what this highway
18 should look like that connects state to state to
19 state. What you have are states that are building
20 these infrastructures following some standards that
21 have been decided upon, the policies have been decided

22

1 upon at the national level, but trying to build them
2 uniquely enough to meet the state's needs within each
3 individual state.

4 Because the policies within each of these
5 states, the culture around how information is used,
6 how information is handled, how information is
7 disclosed is extremely different, Maryland versus
8 Delaware versus West Virginia versus Pennsylvania.
9 You would think theoretically since we are all so
10 close to each other we could agree on how data should
11 be exchanged. You would be amazed to know that within
12 our own state we can hardly get hospitals to agree on
13 how data should be exchanged. So imagine with the
14 forty-seven acute care hospitals in the state, all
15 agreeing a little bit, but then trying to expand that
16 beyond state borders and then with the physicians as
17 well. So it is a huge job.

18 The challenges, it is interesting to note,
19 are not so much the technology. Most people
20 understand computers. Most people have them. I'll
21 bet everyone in this room is connected to the Internet

22

1 in their house and in their place of employment. It
2 isn't a question. It is almost unheard of the other
3 way around, to find people who don't have access to
4 the Internet.

5 But when you look at it from a broad
6 standpoint, trying to get people to agree on policy
7 has never been an easy thing to do. Policy is really
8 where we get hung up. Policy is predominantly around
9 who owns the controls, who accesses our information.
10 And that's really where some of the challenges lie.

11 Do you have a question, ma'am?

12 MS. KATZ: I just had a comment.

13 DR. SHARP: Sure.

14 MS. KATZ: I'm thinking another piece of it
15 is getting both providers and patients to trust it, to
16 trust it to be there. And I give you a real example
17 from yesterday. I was accompanying a patient -- which
18 I sometimes do, I advocate for cancer patients from
19 time to time, to sort of understand the system -- who
20 is in the process of getting a workup and is going to
21 be treated at a very sophisticated cancer center in

22

1 Baltimore County. She is having a biopsy this morning
2 and a biopsy on Monday, and had a physical in their
3 pre-op area yesterday, all within the same building.
4 In preparation for that they have all the MR
5 completely electronic. They printed out four copies
6 of her bloodwork, one for her file, one to take to the
7 physical, one to take to each of the biopsies, which
8 incidentally are being done in the same center. She
9 is going to the same place twice, but they don't trust
10 their own system to be able to pull up their own
11 information. I thought that was extraordinary.

12 What it reminds me of is if you will all
13 remember when we began to use computers, we were going
14 to go to a paperless office. We haven't. All of us,
15 if something is really important, you print it. Even
16 if it is not important, you print it. I think that's
17 an issue that we need to think about if we really,
18 really want this program to do well.

19 DR. SHARP: And that's a good point. Let me
20 play on your examples a little bit, because it creates
21 some perspective that may be helpful. Tax day, two

22

1 days ago, we all remember that? How many of us
2 submitted our taxes electronically?

3 MS. KATZ: I didn't do it, my accountant did
4 it, but electronically.

5 DR. SHARP: Most of us didn't. How many
6 will be honest and say they didn't submit it
7 electronically? All right, maybe a few of us. It is
8 because you don't trust. Do we trust that the
9 information will get there? Do we trust it will be
10 secure?

11 A physician here is saying no way, I don't
12 buy any of this, it is going to end up on the Internet
13 somewhere. Just as we heard about the president's
14 income tax returns, we'll hear about yours, right?

15 It is a big issue, and you mention about the
16 technology within hospitals. There is this notion
17 that hospitals, that facilities that are broad that
18 have this EMR, and I'll explain the difference between
19 EMR and EHR. These EMRs, these wonderful longitudinal
20 records of patient information that get stuck in this
21 widget of technology that isn't interoperable. Nobody

22

1 shares anything with anybody because we don't trust.
2 I know my computer, it mine I know, but I don't know
3 what yours looks like, so I'm not going to be willing
4 to share.

5 MS. KATZ: But I was talking about one
6 cancer center, one institution that has common
7 everything. It is one system. If I log on in the
8 department of radiation oncology, I'm logging on to
9 the same system that you are logging on in medical
10 oncology. It is absolutely the same system, and they
11 are still printing out the records for each.

12 DR. SHARP: It is, but if we go a little
13 deeper into the technology, the way technology is
14 parsed and the functionality within technology, you
15 can have the same software, but the disparate
16 functionalities of it are completely unique. So they
17 don't speak to each other.

18 I'll give you the best case example is the
19 chocolate chip cookie. There is only one chocolate
20 chip cookie, but there are hundreds of ways to make
21 it. And these are configured with the same system

22

1 computers, the McKesson system, HBOC, Siemens, they're
2 all the same system, but they configure things
3 differently. Your point is well put.

4 JUDGE FADER: Can I say as far as, Gail, I
5 understand what you are saying, but almost everything
6 I have is with St. Joseph's Medical Center in Towson.
7 And I don't have that problem. When I got my
8 bloodwork drawn two days ago for my physical, annual
9 physical Monday, they just send that all over to my
10 physician who is a member of that, and he takes a look
11 at everything on line. The vascular surgeon who is in
12 there too that treats me, that's all on line. So the
13 systems can work because in St. Joseph there is no
14 exchange of paper, they're all on the same system.

15 MS. KATZ: I agree with you. I think it is
16 a question of training the staff and the patients to
17 believe that and to use it.

18 DR. SHARP: That's a good point, because
19 there are two components. The judge mentioned how
20 this one hospital health system is able to be
21 interoperable with the physicians. There are roughly
22

1 ten hospital systems within the state that are at that
2 level of advancement, where others are still
3 struggling because there are issues of trust. And the
4 issues of trust are so important. I'm going to talk a
5 little about that as we go through this morning.

6 JUDGE FADER: So we are making progress.

7 DR. SHARP: Yes, but the progress is very
8 slow. To change culture, to change attitude, I liken
9 it to moving the battleship in the ocean to make that
10 turn, it is very slow. We're on the journey, but it
11 is not one we'll get through very quickly.

12 So we'll chat a little bit this morning and
13 keep asking questions. I think what it is going to do
14 is help you as you go through to do your work, as
15 you're thinking about what it is you are trying to
16 produce in the end.

17 I'm going to bring to light in the course of
18 the presentation really three areas. We are going to
19 talk a little about data, how data is created, how
20 data flows to the pharmacy. We're going to talk a
21 little bit about the intermediaries, the networks in

22

1 the middle, how that functions, how that works, all
2 the touch points. And then we're going to talk about
3 the safeguarding. And you mention such a good point
4 about trust. Because trust goes back to
5 safeguarding. And then the three areas within the
6 safeguarding of data that has to be looked at.

7 And then I went out on a limb a little bit
8 and I said, if I were in your seats, I know I have a
9 huge job to do to come up with some ideal
10 recommendations. So I took from a technology
11 perspective, so let me just be bold and throw out some
12 things for you all to consider. I've included some
13 recommendations for your consideration, strictly from
14 my perspective as a technologist. And of course
15 they'll require your infusion.

16 But you will find it interesting at points
17 because I think some of this you know a little bit
18 about, others you don't. You will take away bits and
19 pieces that make sense to you.

20 So let's start with sort of a preamble, if
21 you will, a little bit about electronic pharmacy. I'm

22

1 just going to read this to you, I know you can read
2 it, but let me sort of step you through it and chat it
3 for the moment.

4 Pharmacy data plays a key role in health
5 care. You should know that by now. I think we have
6 all pretty much experienced the benefits of it.
7 Managing information and using it productively pose a
8 continuing challenge, particularly in light of the
9 complexity of the health care sector.

10 Health IT, health information technology,
11 has the potential to significantly increase the
12 efficiency of pharmacy data by helping providers
13 manage that data. And we have experienced some of
14 that in our routine life. It could also improve the
15 quality of health care and, ultimately, the outcomes
16 of that care for patients.

17 This is an interesting point. Keeping
18 pharmacy data private and secure and identifying
19 appropriate uses represents enormous policy
20 challenges. And I suspect that the physician over
21 here because of some of the concerns he has is not

22

1 willing to embark freely on just exchange of data
2 because if on the tax side you have some concerns, you
3 are likely to have the concerns on the health.

4 DR. FARAH: A quick editorial. Within the
5 past six months we have disciplined two physicians for
6 unauthorized access to information. We felt that that
7 doctor or those doctors had no business getting health
8 information, on two occasions, on two separate things
9 that we felt we needed to discipline. So this is why
10 this paranoia. If we have doctors that we have to
11 discipline because of that, how am I going to be
12 comfortable with employers, with staff, with any kind
13 of individual reaching and doing things with these
14 numbers.

15 DR. SHARP: But there is something else
16 going on here, which you probably know, but maybe
17 others didn't think about. How did you find that, how
18 did you determine that there was unauthorized access
19 to data? Probably the technology, the sophistication
20 of technology allowed that information to be pulled
21 out to determine that it was being misused.

22

1 JUDGE FADER: In other words, when the
2 physicians gain entry into the system, their names or
3 identification number was known, so the question arose
4 as to what in the devil are you doing here?

5 DR. SHARP: It is a footprint.

6 JUDGE FADER: Is that how it happened?

7 DR. FARAH: In both instances that
8 information confirmed that that person had access. I
9 mean, he couldn't say no, I didn't. But actually in
10 both cases were complaints from patients, how did he
11 know, what happened?

12 DR. SHARP: I'll put that in perspective a
13 little bit. That goes to the concern about trust, and
14 a lot of this is about trust. But Johns Hopkins has a
15 staff of people that do data auditing. They print out
16 wherever people have been and they follow, say
17 logistically does this make sense for the person to
18 have been there. Software vendors have painfully
19 manufactured products that you load into your system
20 with defined algorithms that monitors where people go
21 and then throws flags, should this individual be there

22

1 or not.

2 MR. KOZLOWSKI: David, and there is also the
3 capacity within that software to vary authorizations,
4 because I work with certain sets of data outside the
5 Commission, and I have authorization to go to Level 5,
6 where some people have authorization to go to Level
7 2. So there are all kinds of restrictions you can
8 build into an operative system to minimize
9 inappropriate access. And once you have access you do
10 the monitoring to make sure it is being used for the
11 right purpose.

12 DR. SHARP: And that's a good point my
13 colleague brings up. A couple ways you access data,
14 role-based access, physicians being able to access
15 information. There is content-based, and user-based.
16 So any user can have access once you get a log on and
17 password to the system.

18 The content-based is a bit more specific
19 that says as a user that's been approved to the
20 system, I'm only allowed to look at information
21 related to, say, physical therapy.

22

1 And then there is role-based. Any physician
2 can have any access to any of this information. So
3 there are variations within that that's important to
4 know. These are the kinds of questions that come up
5 from time to time. And again it all goes back to
6 trust and that policy perspective.

7 So let's turn our attention a little bit
8 more, drill down a bit, as to how the prescription
9 data, how electronic prescribing occurs. Just to sort
10 of paint a picture, help a little bit with some
11 background. The prescriber initiates the
12 e-prescribing process by sending basic information
13 through the e-prescribing vendor to the PBM. And I'm
14 going to show you a little bit about this.

15 The vendor returns patient benefits,
16 formulary information, and then patient history to the
17 prescriber, who then selects the appropriate drug and
18 dosage. The prescriber then receives that drug
19 information, allergy alerts, and then can determine,
20 before transmitting, if any changes need to be made.
21 It is a process, a flow that always starts and

22

1 originates and comes back to the prescribing physician
2 to really get a handle on what it is they want to
3 prescribe.

4 So the technology can be challenging, it can
5 be difficult to understand. What I tried to do, based
6 upon some of the feedback I received from my colleague
7 and the judge, is to give some basic tutorial
8 demonstrations that would help in defining how this
9 works, clarification to build on some background we
10 already have.

11 It is bi-directional. Think of it this
12 way. Today the patients get information to the
13 pharmacist. They skip all the technology. The
14 physician prints it out on paper. It goes to the
15 patient, and to the pharmacy. And that's
16 predominantly the system we have today. But imagine
17 how nice it would be if the patients were able to say
18 to the pharmacist or to the physician, I go to CVS and
19 this is the location. So the physician then prints
20 out the prescription electronically, transmits it.
21 Sometimes they use a fax, other times they transmit it

22

1 from a handheld product, and it goes through the
2 channel, to the network, and ends up in the pharmacy
3 so it is there before the patient arrives. It saves
4 time. Also does a lot of checking in the middle,
5 validating the patient should have that type of
6 information, it does some insurance checking. So
7 there is a lot of activity that goes on in the middle
8 before it gets to the pharmacy. You can see the
9 processing arrows both ways. It is a complex
10 process.

11 Any have you ever been to see a physician
12 who was e-prescribing?

13 MS. HERMAN: I just went to one. It was
14 wonderful.

15 DR. SHARP: Was it? By the time you got to
16 the pharmacist it was all there?

17 MS. HERMAN: It was all there, yes.

18 DR. SHARP: How about for physicians,
19 anybody doing e-prescribing today? How do you like
20 that, Dr. Lyles?

21 DR. LYLES: Well, except for Schedule II.

22

1 You have difficulty with Schedule II. What I have to
2 do, I can send Schedule II with the software I have.
3 The new software I can't do that anymore, they locked
4 it out. But my software is a little older. So I can
5 send Schedule II, but the patient has to take the
6 original prescription and match it up, when he arrives
7 at the pharmacy, before it is filled.

8 JUDGE FADER: The DEA is considering -- the
9 Attorney General is considering regulations now that
10 would provide a system for communication. I don't
11 know how far along they are and whether the gentleman
12 from DEA knows, but on their website they are
13 considering electronic transfers for Schedule II.
14 What that means --

15 DR. FARAH: I think the sophistication for
16 successful outcome there would be at the pharmacy
17 management system. I think that's where you are going
18 to have a lot of regulations.

19 DR. SHARP: Right here.

20 DR. FARAH: I deal with the pharmacy
21 management system area. Number 3. I think that's

22

1 where the filter is going to have to be to verify the
2 validity, dosage, authorization, all the problems that
3 go in with this.

4 DR. SHARP: Well, that's an interesting
5 point because the validation in the technology world
6 is built into all three layers. It depends on each of
7 the three layers, how it is interpreted and the
8 product. You mentioned you had yours for a while. It
9 is an older product?

10 DR. LYLES: I've had it for about three
11 years. But the newer version, I haven't upgraded it
12 because they did lock out the Schedule II portion so
13 you can't fax it or send it electronically.

14 DR. SHARP: It is interesting what
15 constitutes electronic. There is electronic where it
16 goes from one machine, the handheld of the physician,
17 to the pharmacy system, shows up on the screen for the
18 pharmacists in the back of the room to fill the
19 order. That's a computable, interpretable
20 prescription. That's utopia.

21 There are flows that the physician sends the
22

1 prescription and then it arrives via fax. They were
2 concerned about the fax, because you are talking about
3 the integrity, the security of it. It is not a
4 concern to be Symantec, that is where that information
5 is completely secure in a system that has the
6 appropriate safeguards, where human intervention --
7 there would not be anybody who is touching the data.
8 If you have somebody who is printing it out as a fax,
9 it raises questions, because at that point it can be
10 altered, it can be manipulated. It is not a question
11 of am I able to read the prescription, but you get a
12 lot of times from pharmacists on the paper version, it
13 is indeed, is this what was requested by the
14 physician.

15 MR. KOZLOWSKI: Is that the same if you have
16 electronic fax?

17 DR. SHARP: Yes.

18 MR. KOZLOWSKI: Still the same problem?

19 DR. SHARP: In theory somebody at the
20 pharmacist side could manipulate that fax.

21 JUDGE FADER: There is also an issue, I have

22

1 expressed displeasure with the Board of Pharmacy for
2 not clearing this up many times. There is no such
3 thing in Maryland as the acceptance of an electronic
4 signature unless both parties are contract parties
5 under the electronic signature act to that. In other
6 words, when Dr. Lyles sends his prescription, that
7 pharmacist in order to legally accept his signature
8 must be a signatory to that contract. A lot of
9 pharmacists don't know that, and the Board of Pharmacy
10 sloughs it off on their website, and doesn't say that
11 with the provision. A lot of prescriptions are being
12 filled, but unless the pharmacist is a signator, it is
13 not under the state system accepted, and a lot of
14 pharmacies don't realize that.

15 DR. SHARP: Good point. Yes, ma'am?

16 MS. KATZ: Inpatient prescribing is very,
17 very smooth. Assuming it is an electronic medical
18 record for an inpatient -- actually for an outpatient
19 as well, if the patient goes in for chemotherapy, and
20 all of the prescribing, and the testing, and the
21 whatever happens with no paper. Is there something

22

1 there to be modeled on?

2 DR. SHARP: Let's talk about that for a
3 moment. It is a great question. It is important to
4 know before you ponder that question, that inpatient
5 pharmacy today is unique. It operates on what is
6 called CPOE.

7 JUDGE FADER: Can you tell us the definition
8 of inpatient pharmacy just for people when they are
9 reading this?

10 MS. KATZ: The patient is in a bed and the
11 doctor comes in and changes their prescription, and
12 the prescription is entered electronically. It goes
13 to the pharmacy, where it appears as a work order. It
14 also appears on the patient's chart. It goes to the
15 insurance company, it goes into the billing system, it
16 goes into probably inventory. We're going to use this
17 now so we need to replace it, and it is only touched
18 once by the physician. It is challenged by the system
19 in case the doctor has made some sort of --

20 JUDGE FADER: It is called a medical order.

21 MS. KATZ: Exactly. And one of the

22

1 advantages to it is it is only touched once. It
2 doesn't have to be recopied and reinterpreted so the
3 error rate is reduced.

4 JUDGE FADER: But the patient is in that
5 nursing home, in that institution.

6 MS. KATZ: Could be in their outpatient
7 facility as well, but within the institution.

8 JUDGE FADER: And there is a pharmacist who
9 has a contract with that nursing home, who is part of
10 that system?

11 MS. KATZ: I don't know about nursing homes.

12 DR. SHARP: No, no, no. Let me back you up
13 a little bit.

14 JUDGE FADER: Long-term care facilities.

15 MS. KATZ: I'm talking about your experience
16 at St. Joe. A prescription is written and it flows
17 down to the pharmacy, it is filled, you can pick it
18 up, or it is delivered to you because you are in a
19 bed. I hope not. But it is delivered to your nurse
20 who knows --

21 JUDGE FADER: That's what they refer to as a
22

1 medical order.

2 DR. SHARP: That occurs within inpatient
3 settings, through a system called computerized
4 physician order entry. Health information management
5 systems and hospitals all have that capability. It is
6 seamless, it works nice. That model is unique because
7 the universe is contained. It is contained through
8 one system. And you are talking about the use of a
9 system. It is secure, the process is set up, it flows
10 nicely.

11 For hospitals to prescribe to community
12 pharmacies, we did a survey of the forty-seven acute
13 care hospitals about five months ago to explore how
14 much e-prescribing is occurring from the hospital
15 setting to the community pharmacist. And it is very
16 small. It is less than five percent because the
17 technology is not there because the infrastructure is
18 not there to support it.

19 If you recall, one of the things I started
20 out speaking about is that we're trying to put into
21 place this infrastructure to support this sort of

22

1 prescribing and flow of health information. Hospitals
2 that have that capability have created their own
3 model, have been able to hook up to a unique set of
4 pharmacists. It isn't widespread, it is usually
5 pharmacies that are connected within the service
6 area.

7 So it is very limited, but it is a secure
8 model. Any time you have a closed system you have a
9 different kind of model, and you can define the
10 security you want to have in play.

11 So this is sort of an easy way of saying how
12 does patient information move on the prescription side
13 once the process is in place. Again, many people
14 think that if you don't like computers this is the
15 best way. But if you are interested in technology,
16 this is the best way. But again technology doesn't
17 always make our lives easier. In fact, it complicates
18 it a bit in many ways. I'll talk a little bit about
19 that, but I wanted to plant that seed.

20 This is another perspective. Starting over
21 to your left of the one too many scenario, where a

22

1 prescription can go many different ways. Let me sort
2 of explain. It starts here, as Dr. Lyles mentioned,
3 from his writing a prescription from some sort of
4 tablet, handheld device. It travels to a broad
5 network. That network does a lot of things with the
6 data. It validates it, it authenticates it, it does
7 some matching to make sure the information is
8 appropriate to the patient.

9 And then depending upon how that's set up
10 and who the information goes to, and how that provider
11 is set up, that information can go direct to the
12 pharmacy, it can go direct to a pharmacy hub. These
13 are called networks.

14 And I'll talk to you a little bit about that
15 in the network component. There are roughly ten of
16 them in the state that are acting pharmacy hubs. And
17 that hub can send it to what is called a value added
18 network, a VAN. These guys typically read the data
19 that's being sent from here to here. They actually
20 look at it, they say is this data correct, does it
21 meet certain parameters. They are inspecting the

22

1 data. If there are problems with the data they go
2 back to these guys. And these guys send it back to
3 the prescriber. So it is a flow.

4 If it goes from here to here and then down
5 to this point, the value added network. The value
6 added network is like a postman, never opens the
7 envelope, he just sticks it in the box. If the
8 process, the contractual relationship is set up
9 between the system, this point, and to here, this is
10 your mailman, this guy just delivers the
11 prescription. It happens in a click of a finger that
12 this whole maze encounters. If it goes to the value
13 added network, they push it out to either a fax, as we
14 were talking about, they push it out electronically to
15 a pharmacy, or they push it back to the value added
16 network, the pharmacy hub, because the delivery end
17 points aren't correct. The value added networks are
18 starting to go away. In the world of technology you
19 want more sophistication, and that's the hubs who read
20 the data, to make sure it is what it is supposed to
21 be. A very complex maze.

22

1 It is interesting because you think, well,
2 gee, why is health care this complicated. If I might
3 borrow your phone, it happens the same way with this.
4 Every one of us in this room again, I'll bet, has one
5 or as my colleague has many. And when you make a
6 phone call it works just the same way. It travels
7 through this intricacy of technology before it gets to
8 the end point. So you start from your cell phone, to
9 colleagues, friends, and it travels through a network
10 of communication hubs, pretty much similar to what is
11 shown here.

12 JUDGE FADER: Can I ask you right here to
13 keep in the back of your mind encryption and secured
14 networks that we can talk about later?

15 DR. SHARP: Sure. And let me just tell you
16 a little bit about how that works today. When you
17 send data, you as the physician, when you are sending
18 it through this process, it is all protected, it is
19 secure. These networks are secure networks. If you
20 ever look on your computer and you are entering a
21 website, you see a little computer at the bottom with

22

1 a lock on it, it is saying it is a secure network.
2 That means the infrastructure is in play, it has the
3 safeguards built in to protect, ordinarily. There is
4 nothing -- technologists will tell you there is
5 nothing that is a hundred percent secure. You are
6 dealing in minutiae, whether it's 99.999 or 99.8, but
7 there is security protection built in because it is a
8 secure network.

9 JUDGE FADER: Does that mean that anyone who
10 intercepts that communication can't decipher it?

11 DR. SHARP: The average person cannot
12 decipher it. The average person cannot decipher the
13 data. But again we go back to the caveat, there is no
14 such thing as data that can't be accessed or
15 interpreted.

16 JUDGE FADER: There are so many people in
17 the Baltimore County Detention Center now that are
18 there just because --

19 DR. SHARP: They did the wrong thing.

20 JUDGE FADER: No. They just were smart
21 enough, and that of course was a problem that we all

22

1 have and need to talk to you about.

2 DR. SHARP: Some people say if you spend
3 time -- I guess it is an interesting policy question.
4 Do you spend time building technology that the
5 encryption is so secure that it keeps going up, and
6 up, and up in the levels, or do you keep strengthening
7 the laws that makes it less attractive to want to hack
8 into the information. I guess to the attorneys in the
9 room, it is probably an interesting debate.

10 JUDGE FADER: If there is money in it to be
11 made, people are going to try to take advantage of
12 injecting themselves into the system to make money.

13 DR. SHARP: That's a very good point.

14 JUDGE FADER: Do you have a lot of that down
15 in Baltimore City, any prosecutions with regard to
16 anything yet in computer invasion, anything, or is
17 that pretty much the Attorney General's job?

18 MS. FORREST: I really don't know. I
19 haven't had any of it, but I do narcotics, so I don't
20 know. My knowledge is limited.

21 JUDGE FADER: This is a big, big concern to

22

1 everyone in this room as to the people who know how to
2 get into these systems and what that is going to mean
3 for the patients down the road and the privacy.

4 DR. SHARP: Yes. The networks are secure.
5 The encryption, the security protections are well
6 above industry standards. When we are looking at
7 building the infrastructure, we're actually looking at
8 people to go well beyond industry standards when it
9 comes to what is acceptable, what you would have on
10 your cable and your satellite TV, the encryption of
11 those signals, to us, is insufficient when it comes to
12 the data. They are here. We expect it to be way up
13 here.

14 MR. KOZLOWSKI: David, talk for a couple of
15 minutes about the fact even encrypted data moving from
16 Point A to Point B, there are anti-hacker mechanisms,
17 both human and technological, that are monitoring to
18 see if anything is being intercept at any of those
19 points in time.

20 DR. SHARP: That's a good point Bruce
21 mentions. These pipelines are pretty solid. I mean,

22

1 they're virtual, but they're solid. So when there is
2 intrusion to try to get into these, the technology
3 will send flags that say, look, there is something
4 going on, something inappropriate. So there are
5 technology flares, if you will.

6 But I will caution, again, it goes back to
7 is there really any way, if somebody has their heart
8 and mind set on doing this and has the right know-how,
9 and the right tools, and the right people, is there
10 any way you can protect it? And the answer to that is
11 not really. But the protections are there.

12 I would argue if we go back just to point
13 out, we live with that today. If you didn't have this
14 layer here -- we live with those same concerns from
15 here, to here, to here. It is paper. And physician's
16 offices, pharmacies get broken into all the time. You
17 mentioned you prosecute narcotics. Is this sometimes
18 people breaking into pharmacies or doctor's office to
19 get drugs?

20 MS. FORREST: No. It is more stealing
21 prescription pads and writing their own prescriptions

22

1 and things like that.

2 DR. SHARP: Interesting. But in cases where
3 the actual facility has been entered, unlawfully
4 accessed, your medical records are available. Oddly
5 enough, what about the cleaning people? I don't know
6 if your office uses an outside service or not that
7 comes in at night and cleans your office. I always --
8 you know, when HIPAA was first introduced, it had
9 certain requirements around the physical environment,
10 patient information and how it is protected. It says
11 essentially it is supposed to be secure within a
12 secure location. And many providers, many pharmacists
13 would assert different logic around how to protect
14 it. The notion and the fear is if the chart is laying
15 out on the physician's desk, or the prescription once
16 it has been filled is laying around at night, and you
17 have somebody come in to clean, or maybe have a
18 maintenance crew, or you just have maybe consumers
19 that have access to the facility, they could still
20 easily pick up that information.

21 So really is the paper world all that much

22

1 more secure than the technology world? Many would say
2 the paper world, if we are concerned, we should be
3 concerned about the paper because that's really where
4 the risks are today. The technology has risks, but no
5 where near what we have been living with today. I
6 just wanted to share with you and create some
7 perspective when you think about technology.

8 So this chart when my colleague looked at it
9 yesterday, went, oh my gosh, that's going to require
10 some explaining because it is so confusing. And what
11 I did -- anybody in the room from SureScripts?

12 JUDGE FADER: Ken did not come up. I sent
13 him all the data on Monday, and I don't know what
14 happened. But they'll get a copy of the transcript of
15 your presentation.

16 DR. SHARP: This is interesting. What I
17 did, SureScripts and Rx Hub are pharmacy vendors that
18 in the past were staunch competitors, though they did
19 it a little differently. They moved pharmacy data.
20 One did more validating with PBMs. The other moved
21 data to pharmacies. They merged in the fall. But for

22

1 purposes of this presentation, I'm going to split them
2 out to show you the differences in what they do and
3 how that data moves.

4 So we start here with the physician
5 prescriber, and let's follow to your right for a
6 moment just so you see the flow of pharmacy data.
7 This is how the intermediaries work. Remember the
8 intermediaries are the guys in the middle. It starts
9 here, becomes a prescription. It goes to one of the
10 vendors, the intermediaries that sits in the middle.
11 They move the data to SureScripts. So now they are
12 handing it off to somebody else, who then sends it to
13 the pharmacy and the pharmacy then checks
14 eligibility. Because the pharmacist will tell you
15 they actually determine eligibility on the pharmacy at
16 the time they receive it. Unlike hospitals, who
17 determine before we come there for services if we have
18 insurance or physicians who often times send the bill
19 only to find out that there isn't a third-party
20 payor. That happens very quickly.

21 So once that is carried on, it goes back to
22

1 the middle guy, on to the PBM, and once it is
2 approved, it goes back to through the same process.
3 But where the prescription is filled, here in the
4 middle, and the patient can pick it up at the
5 pharmacy. That's one dynamic where SureScripts is
6 predominantly the network that moves that data.

7 On the other side of the equation we have Rx
8 Hub who does the validating for the PBMs of the
9 prescription, of the coverage, of the dosage, the
10 medical history of that prescription, how much has
11 that patient received or has been filled. From a
12 prescription drug monitoring program, where there is a
13 third-party payor, and most of the offenders don't
14 have insurance when they're doing that, obviously, but
15 there is some value because when you travel up this
16 way, same sort of process, it goes from here, down to
17 the PBM, from there it can either ricochet through
18 another network to the pharmacy, but usually the
19 process sends it back through the chain. And then it
20 goes back. Once it gets to this side, it then goes to
21 this side. All this in less than a second. That's a

22

1 lot of touch points in the middle, lots of touch
2 points.

3 So I thought it was worth showing you so you
4 can get to see how the people in the middle sit. And
5 as I was telling you from the prior slide, when you
6 have SureScripts, you can put other layers in the
7 middle, they are sending it to different networks.
8 It's complex. That's probably the biggest message.
9 It may look convoluted, but it is complex. I think
10 that's what you want to hang on to.

11 With the idea of people in the middle, there
12 are policy decisions that have to be made. So what I
13 wanted to sort of show you is how data flows, how the
14 pharmacy transactions move, and where the policy
15 points are. You will see different policy points here
16 and here.

17 Let me explain that for a moment. So when
18 the physician sends nonstandard, that's data that's
19 not configured in a certain way, and why is that
20 important? Because if it is not configured in a
21 certain way you add layers to it, you add more

22

1 networks in the middle. When you add more networks,
2 you add more cost, more risk for things to happen to
3 the data.

4 So obviously nonstandard transactions are
5 not where you want to be. These guys have to convert
6 it to standard, NCPD 5.0. I don't know if you're on
7 5.1 or 5.0, but I still think it's 5.0, and then on to
8 the payor or wherever the end point of the transaction
9 happens to be. Policy decisions have to be made here
10 that requires the physicians, when they are working
11 with their networks, their vendors, to work through
12 these policy decisions about security,
13 confidentiality, often times can be false, often times
14 can be uses and disclosure of the data. But it still
15 has to occur.

16 In this scenario, you are taking standard
17 transactions and you are converting it to a
18 nonstandard transaction. See up here we start at
19 nonstandard, went to standard, and here went standard
20 to nonstandard. There are differences in technology.
21 So if your end points aren't using standard

22

1 technology, you don't start out using standard, there
2 is that conversion confusion in the middle.

3 The bottom shows where there is nonstandard
4 to nonstandard. This is in some ways the worst
5 configuration because no one has anything. It is
6 disparate systems, if you will. It is important to
7 think about because there are lots of policy debates
8 that can go on in between. I wanted to give you an
9 idea. With that comes charge points.

10 I will talk briefly, I won't get into them
11 in detail, but somebody is paying. This transaction
12 is not moving free. Either the pharmacist pays -- and
13 I believe the pharmacists will tell you, there is a
14 cost every time they get an electronic prescription.
15 So if we say electronic prescribing is required, you
16 have the physicians who are buying the software and
17 paying for the use on their side. Then you have the
18 pharmacists who are paying to get that transaction
19 electronically. Some pharmacists will say why are we
20 shouldering the costs? Some physicians will say how
21 come I got to buy the technology? And in the middle

22

1 the consumer benefits, but yet there are costs on both
2 sides.

3 Any of these yellow boxes in the middle
4 where there is the Rx Hub or SureScripts or anybody
5 who touches it in the middle, there is a charge
6 attached to it. It is a very small charge. Even if
7 you are talking as little as a penny or ten cents, we
8 are talking millions and millions of transactions, you
9 can do the math and see where it takes you to,
10 particularly if you are paying on one side or the
11 other.

12 MS. KATZ: But does it build in an
13 efficiency? Is there also a savings at the pharmacy
14 and/or the doctor's office?

15 DR. SHARP: I am so glad you asked that
16 question. It opens the envelope on another full
17 series of debates. But let me just answer that
18 question. The savings isn't to the people that
19 necessarily -- the savings is to the system and not
20 necessarily to the end points.

21 So for the pharmacist there are savings for
22

1 them if they can find efficiencies by implementing
2 that technology. Mostly pharmacies are very efficient
3 anyway and seldom do you ever walk into a pharmacy and
4 think this place is really chaotic. You very seldom
5 see that. So the efficiency goes to the health care
6 system. But for the pharmacist or the physician who
7 has to shoulder the burden of the cost to implement
8 that, they are not going to see any savings
9 necessarily on their end.

10 On electronic health records on an
11 infrastructure for exchanging health information, once
12 you create efficiencies for the systems, they do flow
13 to the end points, but not initially. It is like
14 somebody has to make the initial investment. It does
15 get there, it just takes time. That is a very good
16 question.

17 I can tell you more about some of the
18 efficiencies in a few minutes when we get there.
19 Yes, sir?

20 MR. FRIEDMAN: I understand the
21 intermediaries and the discussion is complex. I want
22

1 to understand the basic difference between the
2 SureScripts network and Rx Hub. Is SureScripts
3 primarily benefit eligibility, and Rx Hub is claim, or
4 that's not really true?

5 DR. SHARP: That's a good question. Let me
6 back up a moment. Remember up until the end of last
7 year, SureScripts and Rx Hub were on opposite sides.
8 They are now together. They are one organization.
9 What happened was you're right in line with how it
10 works.

11 The SureScripts component was the network
12 that delivered the transaction to the pharmacy. They
13 were taking it from the application that Dr. Lyles has
14 in his office and moving that data to the pharmacy, to
15 the CVS, the Rite Aids.

16 Rx Hub was taking the information from the
17 device, from the application that Dr. Lyles has in his
18 office, and they were running it back to the PBM to
19 determine not only eligibility, but looking at how the
20 prescription has been filled, the past history,
21 looking at generic versus brand, looking at cost to

22

1 the consumer, the best drugs to prescribe. It also
2 provides some alerts, some warnings, and so forth.

3 But one depends upon the other. More Rx Hub
4 depended upon SureScripts, because once Rx Hub said
5 here you go, here is information about the
6 prescription, it bounced back to the handheld device
7 Dr. Lyles has, then he is going to hit okay, got it,
8 send. Once he hits send, it is going to go back to
9 the SureScripts component and get to the CVS.

10 JUDGE FADER: Can we talk about the third
11 system, which is Medicaid? The pharmacist wants to
12 find out whether this prescription written is going to
13 be paid for. They can do that immediately through the
14 state system.

15 DR. SHARP: Today they can do that, but it
16 is actually using a different system.

17 JUDGE FADER: Different than SureScripts and
18 Rx Hub?

19 DR. SHARP: That's correct.

20 JUDGE FADER: It is a very efficient system.

21 DR. SHARP: Yes, but in the future, once
22

1 this infrastructure is in place, all these systems
2 will eventually be enveloped into one.

3 JUDGE FADER: You wish. You hope. We fear.

4 MR. KOZLOWSKI: That's my job.

5 DR. SHARP: If I go real slow, and I'm
6 forty-seven, I can retire in --

7 JUDGE FADER: But the situation is we don't
8 want to get lost in all that shuffle, and that's
9 something that's primarily -- the system that's used
10 by Medicaid, is that pretty standard all across the
11 United States?

12 MR. KOZLOWSKI: No, sir. And I can talk to
13 that because I was the Medicaid director for a number
14 of years. There are several vendors in the country.
15 There is more standardization today in what is
16 required, but how you operate hasn't been
17 standardized. So some states operate in systems that
18 are significantly more efficient and sophisticated
19 than others. They don't upgrade on a standardized
20 basis. You have a lot of legacy systems operating out
21 there that should have been replaced a long time ago

22

1 and as a result things move through that should not
2 move through. And a good editing system you can have
3 a relatively free error environment from fraud just by
4 setting up appropriate edits. But a lot of these
5 systems that are aged just don't have those
6 capabilities.

7 JUDGE FADER: So the federal government,
8 that is paying most of these funds, has still not been
9 able to mandate to the various states that they get in
10 line with regard to these prescribing systems?

11 MR. KOZLOWSKI: There is an awful lot of
12 politics by the vendors who run these systems at about
13 fifteen to twenty million dollars a year for that not
14 to happen.

15 DR. SHARP: It is moving in that direction,
16 but as Bruce mentioned, it is very slow. This systems
17 can be very functional, but they're very narrow.
18 Eligibility requirement is not electronic
19 prescribing. If you want to create value, you have to
20 have it so that you are not using one system, and then
21 with another system, and another system.

22

1 JUDGE FADER: Ann, does the Board of
2 Pharmacy ever receive complaints from citizens, or
3 pharmacists, or anyone about any of these three
4 systems, Medicaid, SureScripts, Rx Hub, anything?

5 MS. TAYLOR: Our complaints, we don't get
6 complaints necessarily, but we may get practice
7 questions and concerns.

8 JUDGE FADER: Practice questions. Okay. So
9 the system pretty much is working well enough to keep
10 complaints coming through the Board of Pharmacy.

11 DR. SHARP: But the system is not efficient.

12 MS. TAYLOR: I don't know if it is that it's
13 working or it is the knowledge of the users that maybe
14 they're asking other people about the system or their
15 concerns inhouse. I don't know that there are no
16 complaints and so we are not getting them, or if it is
17 going to another place.

18 DR. SHARP: Let's travel on. The questions
19 are good. So hopefully this is creating some thought
20 process in your mind about how to interpret all this.
21 Let's talk about interpreting the data. Let's talk

22

1 about specifically to computable pharmacy data and
2 what the role of the network is. By now you sort of
3 understand the intermediary, the guys in the middle.
4 These are networks.

5 In the one slide you saw a little bit about
6 moving standard to nonstandard. In support -- and I
7 want to go back to the scenario of the chocolate chip
8 cookie that I used early on. It is important to keep
9 that in mind when you think about standard.

10 Folks go, well, once you have the standard,
11 the standard is the standard and it should be fine.
12 But every vendor who manufactures a product has a
13 standard. It is standard that they have when
14 producing the product, but it doesn't mean it
15 communicates with another system. There is one
16 chocolate chip cookie and multiple ways of making it.

17 And that's what you have in health care,
18 health data. There are so many different standards.
19 There are standards that are approved standards, but
20 still won't communicate. And there are versions
21 within the standards. Very important.

22

1 I'll give you an example: For health care
2 data -- it is called HL7, Health Level 7, the data
3 flow, and within that standard they have different
4 versions. And if you happen to be using a different
5 version from the colleague sitting next to you, you
6 can't share that information electronically.

7 So there are challenges around versioning of
8 standards. So it is important to know that in the end
9 Maryland has roughly ten networks, ten pharmacy
10 networks. We have forty-two networks that can carry
11 administrative transactions, but only ten of those
12 forty-two can carry pharmacy transactions because of
13 the sophistication that's required for the pharmacy
14 data. So that is unique to what's here in the state.
15 Yes, sir?

16 MR. FRIEDMAN: Is MCPDP a standard?

17 DR. SHARP: It is a standard. There are
18 lots of standards, but that's the one primarily for
19 the pharmacy. Although they use EBXML as a standard,
20 they use NZX12 as a standard. But these standards,
21 they can't do this. They don't communicate.

22

1 MR. FRIEDMAN: But most pharmacies use
2 MCPDP.

3 DR. SHARP: This is just important to know
4 about the variations in the standards. I just want to
5 show you this one last slide about how they
6 communicate. Pharmacies achieve compliance by using
7 translator services. Whenever we talk about
8 standards, whenever we talk about translation
9 software, it's something that sits in the middle.
10 When you have translation software, it always adds
11 costs and risks, even though they're very protected
12 and even though they can be secure, it still adds
13 dimension to it that is important to note.

14 And then of course you get to the bigger
15 network. What we are trying to do in Maryland is
16 eliminate all these translation services and reduce
17 the number of networks. If you think about it, what
18 we said we wanted to put in place is a health
19 information exchange, that is one network, one
20 pipeline, that once you access, once you get on --
21 perfect example, when you get on 695, you can get

22

1 anywhere you want around Baltimore City ideally or in
2 theory. I'm not so sure how fast. You use that as
3 the predominant way of getting around the system.
4 That is sort of the infrastructure for health
5 information technology, one infrastructure.

6 So they eliminate -- as the judge mentioned,
7 you have the Medicaid system that does really well
8 with pharmacy data, you have MCPDP as a standard
9 within that, and then you have Rx Hub and
10 SureScripts. We get to pull everything together and
11 make one out of that infrastructure.

12 I'll jump, we talked about it a little bit
13 in other ways, but it is moving data and having
14 conversion points, our conversion point to get the
15 data to the PBMs, and that is indeed always a
16 challenge, is making the data accessible very easily.

17 Let me tell you before we jump into the
18 safeguarding information about today's environment,
19 just nationally for a moment, something to think
20 about. More than 3.52 billion prescriptions are
21 written annually. Thirty-five million of that billion

22

1 are sent electronically.

2 Prescription medications are used by
3 fifty-nine percent of the under sixty-five
4 population. Eighty percent of the over sixty-five
5 population.

6 Pharmacy staffs make more than 150 million
7 calls today to physician practices to clarify
8 prescriptions. You talk about efficiency. There is
9 your efficiency. Imagine if you didn't have to do
10 that.

11 Roughly 150 technology vendors are certified
12 to transmit electronically to pharmacies. Dr. Lyles
13 if he's shopping around the vendors and he wants to
14 replace the system, or other physicians in the room,
15 you can indeed shop the market. So if you like a
16 competitive market where you have choices, it is
17 there.

18 In terms of pharmacy software, the vast
19 majority of chains use certified software; roughly
20 seventy percent or about 42,000 pharmacies support
21 e-prescribing. Let me just say something about

22

1 certification real quick. Today there are national
2 organizations that certify systems, that certify to
3 make sure there are a core set of standards around
4 functionality, security, and interoperability. There
5 are these groups that have been recognized to ensure
6 that you are minimizing some of the configuring
7 challenges that occur early on.

8 JUDGE FADER: Are they government systems,
9 or are they like Good Housekeeping or something from
10 the outside?

11 DR. SHARP: That's a good question. The
12 large one that I'm referring to today is called CCHIT
13 It's the Certification Commission for Health
14 Information Technology that was funded by the federal
15 government under the prior administration. It
16 obtained its seed funding from the Office of National
17 Coordinator under HHS. It is supposed to be
18 self-sustaining within five years. It is well on its
19 way.

20 JUDGE FADER: But it is supposed to be a
21 private group?

22

1 DR. SHARP: It is a private group.

2 JUDGE FADER: Private standard group.

3 DR. SHARP: Correct. So that organization
4 does the certifying. There is good and bad about
5 certification. Because what happens is when you
6 certify systems, it is not cheap. It is almost as
7 though you can end up pushing the little guys out of
8 the market. And some of the concerns that were raised
9 by the smaller vendors is how does somebody get into
10 the market if you have to already have something that
11 is sophisticated and in use and in play, where do you
12 get the money and how do you get the resources to get
13 it tested and get it out in the field.

14 So there are some arguments about the haves
15 and the have nots when it comes to certification.
16 That is going to be a challenge going forward. There
17 is no easy solution for that.

18 Let me take about -- do I have about fifteen
19 more minutes?

20 JUDGE FADER: You keep rolling. We are
21 fine.

22

1 DR. SHARP: I'm not putting anybody to
2 sleep. Do you have a question?

3 DR. COHEN: I'll save it to the end, and I
4 promise to let you know when I fall asleep.

5 DR. SHARP: Somebody elbow him. There are
6 really three ways of safeguarding that I want to tell
7 you briefly about. There is administrative, there is
8 physical, and technical safeguarding. When you think
9 about data, think about prescription data, let's think
10 of how we can do that. Anybody who is moving data,
11 there is a minimum set of standards that go into play
12 to protect that information. I just want to show you
13 the lay version. Because if we really expanded each
14 one of these out, it would really put you to sleep if
15 you're not interested in this stuff.

16 I want to talk to you about some of the
17 protections that are already in play to sort of
18 address concerns about information being accessible by
19 other people, being hacked someplace along the line.
20 Administratively, policies and procedures are required
21 to prevent, detect, contain, and correct security
22

1 violations. So one of the comments that Bruce made
2 earlier on was he said that data and flow, there are
3 systems that sort of send out the red flares if it is
4 being hacked into. This is one of the requirements
5 that are core to any sort of technology system.

6 There has to be a security official,
7 somebody who can stand back and say we're watching
8 what is going on, we are making sure that when this
9 information moves it is protected, it is secured, it
10 isn't just a free for all. I routinely laugh and say
11 that these are the great kinds of jobs to have because
12 you get to watch and see what is going on. And they
13 are also very high paying jobs.

14 Policies and procedures are required to
15 ensure appropriate access to electronic data. This
16 goes back to how do you define who has access to it,
17 how do you grant authorization, what are the
18 parameters around it, what makes -- what entitles me
19 to have more access than you or than you to the data.
20 So you have to have policies that define that and they
21 have to be fairly consistent.

22

1 Security awareness training. When data
2 moves people need to understand what it means, how it
3 is protected, and the risk. So everybody is involved
4 in how information is to be accessed and maintained.
5 Policies are required to address security incidents.
6 If something happens to the data en route, what do you
7 do, who do you notify? Do you notify the physician,
8 do you notify the pharmacist, notify the consumer?
9 Who gets notified? Or is it the networks who get
10 notified?

11 Policies and procedures are required for
12 addressing emergency occurrences, what happens if
13 there is a fire, if something happens to these
14 networks. Remember, these networks sit out here.
15 There are a number of networks in Baltimore. I know
16 one of them resides in an old school in the city of
17 Baltimore. You wouldn't know it was a network driving
18 by it, but that information is protected. If you go
19 into the building, the fire extinguisher system is so
20 unique that if a fire occurs, it sucks the air out of
21 the room immediately. It puts out the fire. There
22

1 are no chemicals, sprays. It just draws the air out
2 immediately. It's very impressive how this technology
3 is protected.

4 MR. KOZLOWSKI: Unless you are the analyst
5 in the room at the time.

6 DR. SHARP: You may want to get out quickly,
7 right. Periodic technical and non-technical
8 evaluations are required to make sure what you have in
9 place is appropriate and to be able to look ahead and
10 see what kinds of changes that need to be made.

11 The whole notion of business associates, I
12 think we have a couple of attorneys in the room. Yes,
13 we have a couple of attorneys. In reviewing the
14 relationships with entities that are trading health
15 information, they strike out these deals, these
16 business associate agreements, how can information be
17 used, how does it work, how lawyers get involved,
18 judges often look at it to say is this correct, or is
19 it not when there are challenges.

20 But this is where the policy end of it comes
21 in, too. If you recall, way back earlier I showed you

22

1 a slide and said, business associate, business
2 associate. These are where some of the policy
3 decisions are made which eventually become
4 contractual. But they are very important because you
5 can have one or many business associates when it comes
6 to health information.

7 JUDGE FADER: Let me just put something
8 here, too. We are not the only group that's
9 interested in safeguarding this. There are many
10 consumer groups, many unions that are interested in
11 making sure that this data for health is safe. They
12 don't want businesses using this data to determine
13 employment. Anyone else? The unions I know are in on
14 it, a lot of consumer groups. Anyone else that you
15 can think of, too, that are at your heels all the time
16 about this?

17 DR. SHARP: Oh, my gosh, I could talk hours
18 about the concerns of the groups that are out there.

19 JUDGE FADER: Are they primarily the unions
20 and primarily --

21 DR. SHARP: ACLU.

22

1 JUDGE FADER: -- consumer groups, ACLU?

2 DR. SHARP: All consumer groups. Any
3 consumer groups interested. Because as you mentioned,
4 Judge, imagine if employment, your employment becomes
5 at risk because your employer has information about
6 you. Think about how horrible that would be, if that
7 were to occur. These are issues that we grapple with
8 around electronic health information all the time.

9 JUDGE FADER: Maryland's Law School with its
10 health law program received an awful lot of input with
11 regard to genetic testing. And many legislatures have
12 enacted laws prohibiting the use of that. So we are
13 not the only ones who are going to be alone with
14 regard to all of this. There are all sorts of people
15 coming out of the woodwork who are going to be on
16 board for the protection of the data.

17 DR. SHARP: I think if most people, not just
18 Marylanders, but most people in this country knew how
19 much data that a number of employers already have
20 about us as employees, it would be frightening because
21 that information is there. It is often times used

22

1 because it is pieced together not necessarily from one
2 file, but from many different sources. And it is
3 frightening.

4 JUDGE FADER: And a lot of which they're not
5 supposed to have.

6 MR. KOZLOWSKI: There are two large data
7 banks -- I think there are two at this point in the
8 country where all claims for health, auto, life, you
9 name it, go into those data banks. When you talk
10 about security, those are national repositories, and
11 you could have a hey day there.

12 JUDGE FADER: They're independent groups,
13 they are not government groups?

14 MR. KOZLOWSKI: They are not government,
15 they are independent groups.

16 JUDGE FADER: Boy, I've been in some trials
17 and some experts testifying and they pull the
18 deposition out and say isn't it true that in Toronto
19 you said just the opposite and things of this sort.
20 Another question is who has access to all of that.

21 DR. SHARP: Well, there is another piece,

22

1 I'll just interject it here, it can take us down a
2 different road. Data that's shared and flows, there's
3 anonymized and the identified. You might ask, what is
4 the difference?

5 The identified data that moves that say your
6 employers get some information as they do their health
7 insurance evaluation for the underwriting purpose,
8 that's data that the insurance companies, they encrypt
9 if you will. They take out the identifiers of you and
10 me so nobody knows on the other end who it is. But if
11 it is fed back to the insurance company, they can
12 retag it with our names so they know who it happens to
13 be. So there is a key to it if you will.

14 The anonymized data, it is stripped. The
15 source of which strips it, they lose the key. And as
16 it travels through the system where it ends up at an
17 employer or even if it were to be intercepted by
18 somebody it is not usable because it can't take it
19 back to me as the individual.

20 So there are two different ways of
21 protecting the data. We could talk a lot about it,
22

1 but perhaps at another time.

2 Let's talk about the physical safeguards,
3 moving onward. Policies and procedures are required
4 to limit physical access to information systems and
5 the facilities in which the information is housed. So
6 the school downtown in Baltimore City if you found out
7 it wasn't a school, it is a data warehouse, what is it
8 that protects me from getting in. And once I'm in
9 that system, let's say I'm an authorized user to have
10 access, how am I restricted in my ability to use it
11 has to be defined.

12 Policies and procedures are required to
13 specify the proper functions that can be performed and
14 the manner in which they can be performed by those
15 authorized users. Because let's say I can get into
16 the system. How much information should I have at my
17 fingertips? How much should I have access to?

18 Policies and procedures that detail
19 safeguards on all work stations. Once you get access
20 to a work station it isn't necessarily the key to the
21 network of information. It should not be.

22

1 Policies and procedures are required that
2 govern the receipt and removal of hardware and
3 electronic data from the institution or organization.

4 Let's talk a little bit more about technical
5 safeguards. These are policies and procedures
6 required for electronic information systems that
7 maintain data to allow access to only those persons or
8 software programs that have been granted access
9 rights. It gets back to what I talked about
10 role-based access, user-based, content-based.

11 Hardware and software mechanisms that are
12 required that record and examine information that
13 contains data use. This is also a way of tracking,
14 this is the footprint we spoke about earlier on, to
15 make sure we record who people are. And blockers for
16 improper alteration or destruction is another
17 component of the technical safeguards.

18 And lastly on the technical safeguards,
19 policies and procedures are required to verify that a
20 person or entity seeking access to data is the one
21 claimed. So when these networks move data, as they

22

1 enter into each other's network, they are
2 authenticating, how do we know the network is who they
3 say they are. They go through a series of
4 authentication steps.

5 Policies and procedures are required that
6 guard against unauthorized access to transmitted
7 data. Again, we get back to the concerns that Bruce
8 made, but from a different angle about information in
9 the pipeline, how is it protected.

10 So what I wanted to do as I sort of wind
11 down in the last five minutes is just say basically I
12 know a little bit about what you all are trying to do
13 in conversations with the judge and my colleague, and
14 I had a chance to attend a breakfast work group
15 meeting recently in a small group. I say I think I
16 hear what is going on. I understand what is going on
17 in the industry around prescription drug monitoring
18 and the programs that are out there. What can I offer
19 you all as some provocative ways to think about what
20 you want to do moving forward.

21 I came up with some elements for

22

1 consideration in terms of approach. I have four of
2 them here. I have touched upon them indirectly, but
3 let me just share them with you as we wind down.

4 The first one is one way you can do this is
5 require pharmacies to submit data directly to a third
6 party vendor using a defined data structure which
7 would be the standard, used physical media,
8 transmitted over the Internet or use hard copy
9 medium. So you could say some limited data elements
10 for prescription drug monitoring we want to send to a
11 third party who will do the analysis for us.

12 The next one I thought might give you all
13 something to chew on is you can ask existing
14 pharmacists to use their systems in place to extract
15 specified data and to submit that data through the
16 current infrastructure of the pharmacy networks. If
17 you recall I showed you this full array of networks
18 and how they work. You could go in and say, look, we
19 want these data points and this information, and we
20 want it to come from a McKesson system and be sent
21 through that network to some independent entity, if

22

1 that's what you decide.

2 The third way is to require pharmacies to
3 load tracking software in their system that
4 specifically scrape out, they detect patterns based
5 upon unique algorithms that you all decide upon. You
6 can say here's the algorithm that we want, here's what
7 we want it to pull out, and you could pull out that
8 information and report it to a third party. It can
9 report it to a third party through the Internet, it
10 could report it to a third party through a
11 telecommunication line, or it can produce manual
12 reports that you can send.

13 And the last way in which I am been sort of
14 talking about today is that we're in the throws of
15 building a statewide health information exchange that
16 would support this kind of functionality. That system
17 will not be ready for this sort of use case, and we'll
18 just call it a use case. Prescription drug monitoring
19 is something specific, so we'll call that a use case.
20 It won't be ready to do that for three to five years.
21 But if the group says this is a recommendation, then
22

1 the group that we select to build the infrastructure
2 would be asked to take this as a use case at some
3 point in time.

4 If you look at it from cost, there is going
5 to be cost to every one of these. The first three
6 there are costs to both end points. There is cost to
7 the physician side and there is a cost to the pharmacy
8 side. The last way there is a cost to the system, but
9 not to the pharmacy or to the physician. It is a cost
10 to the system.

11 JUDGE FADER: We're going to talk sometime
12 in this group about grants to delay or keep under
13 control the cost to the pharmacists and the cost to
14 the physicians.

15 DR. SHARP: Sure.

16 JUDGE FADER: But one of the big ticket
17 items on that screen is who is the third party who is
18 going to get this information? And there are many
19 members of this council who feel that there is going
20 to have to be a marriage of sorts between physicians
21 who know this field and the prosecuting authority to

22

1 say, this is not bad medicine, or this is bad
2 medicine. Because we do not want that third party, a
3 lot of us, going overboard in prosecuting either
4 through the Board of Physicians or through the
5 prosecutors without the benefit of advice of the
6 medical people. Look, there is no way I can tell Pat
7 Jessamy or Doug Gansler what to do. They are the
8 elected officials, but many people here are -- those
9 two words, third party, is very, very important, that
10 Doug and Pat have the benefit of the advice of
11 whatever this group is going to be, that you can go
12 ahead and do this, but this is not that bad medicine.
13 This is not bad medicine. I think we need to keep our
14 eyes on that. And you should know that that's going
15 to be one of the main considerations for all of us.

16 DR. SHARP: And I anticipated --

17 JUDGE FADER: People who don't go overboard
18 without the benefit of advice of people when these
19 things are called into question.

20 MS. KATZ: I would just add that we also
21 want this, whatever it is, if we have anything at all,

22

1 to benefit the patient, to benefit the patient's
2 health care to make sure to prevent errors, but also
3 to be sure the patient continues to have good access
4 and that the system would identify patients who may
5 have a problem with addiction in particular, and
6 identify them as patients, as opposed to something
7 else.

8 DR. SHARP: I think your point, ma'am, and,
9 Judge, your point sort of speaks to the things I kind
10 of anticipated would come up. And that's really the
11 policy questions, in part. There are others. Who
12 owns the data, who controls the data, who should have
13 access to the data, who is authorized to view the
14 data, how are users of the data authenticated, and how
15 long should the data be maintained. Once it gets to
16 this third party, does it stay there indefinitely,
17 does it disappear in six months or two years.

18 But that third party is that X factor that
19 you all are sort of chewing on and figuring out how
20 you want it to go. Because it is an important
21 component to resolve. If there were an easy answer we
22

1 all probably wouldn't be here today. That's why it
2 requires thought and perspectives.

3 MR. KOZLOWSKI: Let's talk about what you
4 and I talked about earlier, and that is there are all
5 kinds of capabilities to create edits in a system in
6 which it would look for only specific situations that
7 would be pulled out to potentially a subfile that the
8 people you are concerned looking at it would ever have
9 access to. There is tremendous control. I've done
10 work with the National Bank of Canada, which is their
11 Federal Reserve, and you know money moves
12 electronically so you can anticipate a whole series of
13 controls in there, who had access and what amount of
14 information was going to go where. It is doable.

15 I think the important thing is to keep in
16 mind that there are very, very sophisticated
17 capabilities in this country moving our whole
18 financial system. You use them all the time without
19 much concern frequently, called ATMs. And it's become
20 a world dependent on ATMs, and you can move money
21 across the world. People sit by the cooler in the

22

1 office and talk about their medical problems. I have
2 yet in all my many, many years, and there are a lot of
3 them, ever heard anybody sitting at the cooler talking
4 specifically about their financial situation. And yet
5 we use ATMs without a question.

6 So there are controls in place and we need
7 to step back and remember that. We live with them
8 every day. But the most important thing, having run
9 systems before, is that you can very much define who
10 gets what, when, for what reason, and how. And David
11 was very specific in showing you all the checks and
12 balances that are in place. Is it a hundred percent
13 perfect? There is no such thing. Anybody who can
14 come up with that would be a billionaire. I literally
15 had a team of hackers who worked at night to hack the
16 system that my security folks put in place during the
17 day. That's how we kept the system secure.

18 JUDGE FADER: Are all those people on
19 parole? I'm only kidding.

20 MR. KOZLOWSKI: You are not really kidding
21 because it took a long time to convince a governor to

22

1 allow me to hire hackers to hack a secure system in a
2 secured environment so we really had a secure system.

3 JUDGE FADER: And that's something we need
4 to keep in mind, too, that you convinced the governor
5 to do this, which I did not know until right now.

6 MR. KOZLOWSKI: There is no question in my
7 mind. I've done something recently with the
8 Department of Defense and what they are using, and we
9 know that's been hacked. There is not a perfect
10 system, but it is really, really darn good. Because
11 globally, folks, we move billions and billions of
12 dollars a day without intervention worldwide. So that
13 part we need to kind of calm ourselves about.

14 And then what he put up there is those
15 indicators, that last slide. That's the important
16 piece is sitting down and making the policy decision
17 about who, where, when, and why, and for what reason.

18 DR. SHARP: Because in reality, this is what
19 is going to close it up. The technology can be
20 built. There are many different vendors. I think
21 there are four or five out there today that nationally

22

1 do prescription monitoring programs that I've looked
2 at. It is not so much the technology, it is your
3 point, how is it used, how do you derive benefit of
4 it, how is it safeguarded, how is it protected. In
5 the end how does it make care better.

6 One last thought I would share with you --
7 and I think you did have one question so I wouldn't
8 want to cut you off -- is that whatever you decide, if
9 you try to make your decision based upon where the
10 state is going, if the state is moving to an
11 informational highway, if you decide on a unique
12 stand-alone system, will it fit within that universe,
13 or does it become another disparate system that
14 requires physicians and pharmacists to maintain yet
15 another system for cost, for maintenance, for
16 programming. It becomes a financial burden to whoever
17 is on the end points and it never really gets to
18 helping the patient, physician, and the end point
19 because it is disparate.

20 JUDGE FADER: David, one of the things that
21 keeps coming up is for programs of this sort the

22

1 benefit of a multi-state system. One of the things we
2 need to know about your system, a lot of the people
3 that are down near the southern end of the state have
4 the benefit a lot of times of getting together with
5 West Virginia, Virginia, people of that sort. So what
6 is going to be there with regard to the system that
7 the state is going to have in three to five years?
8 Are you looking to make that so that it is going to be
9 compatible with other states, or other states are
10 going to be able to inject compatibility in there or
11 whatever?

12 And of course the DEA is very, very
13 interested on the federal level as to how that's going
14 to comport with their system, too, because they want
15 to tap in on all this stuff also. All of those things
16 are real questions that sometime along the line we're
17 going to have to find out the answers to.

18 Bob, anything else on that line, or have I
19 pretty much covered it?

20 DR. LYLES: From the point of view of going
21 back a couple years, this originally came about

22

1 because of the Attorney General. It sent a chill
2 through the medical community when that happened.

3 JUDGE FADER: Through Joe Curran?

4 DR. LYLES: Absolutely. He is going to come
5 and talk.

6 JUDGE FADER: And he tells me, by the way,
7 John, how can there be problems, I talked to
8 everybody. I said, Joe, when you come to the meeting,
9 you will find out where the problems are. He said
10 okay.

11 DR. LYLES: We have in the past two to three
12 years, the database industry has progressed
13 substantially. And look at where you guys are and
14 where you are going. The task force, this
15 prescription drug monitoring, is not opiate monitoring
16 per se. What we would like to have in the medical
17 community is a better management tool. I don't want
18 to know just the opiates. I want to know the
19 benzodiazepines, I want to know the blood pressure
20 pills, I want to know everything the patient is on so
21 I can help manage that patient better. And I'd like

22

1 to have some transparency through the different
2 physicians that they see.

3 What worries me about the original concept
4 of this is something we now see on the television
5 called sexing (sic.)

6 JUDGE FADER: Called what?

7 DR. LYLES: Sexing.

8 MS. KATZ: Sexting.

9 DR. LYLES: Instead of when you and I were
10 growing up, a young lady would just pull up her dress
11 and say look at this.

12 JUDGE FADER: Nice neighborhood.

13 DR. LYLES: Now it is on the cell phone and
14 it goes across the network. And there is one kid on
15 here that's been prosecuted for what do they call it,
16 underaged sexual something. I don't know what these
17 terms are.

18 JUDGE FADER: It is statutory rape or things
19 of that sort?

20 DR. LYLES: Because they are under age, but
21 you have got a fifteen year old transmitting the
22

1 pictures to a sixteen year old, and now you have
2 problems because somebody wants to make political hay
3 of it. This is what worries us about this.

4 Let me finish. We have had difficulties
5 with insurance companies using this data
6 surreptitiously. If a patient is on Lexapro and tries
7 to get a private policy, all of a sudden the premiums
8 go right through the ceiling. And that's just wrong.

9 JUDGE FADER: And that should not be. That
10 absolutely should not be. And under Maryland and some
11 other states they are not supposed to have access to
12 that data. There are more states that allow them to
13 have access to that data.

14 DR. LYLES: And now we're getting into pain
15 management. We are getting into gene testing. Are
16 you a fast metabolizer or slow metabolizer? What is
17 overprescribing? We don't know what overprescribing
18 is.

19 So this data is very important on a personal
20 basis, not only employing it, but what is going to
21 happen in the legal community with people. And we're

22

1 all captured in our boxes of past experiences. The
2 attorneys see things one way. I see things another
3 way. I get out in the community a little bit, I try
4 to understand their side. They try to understand my
5 side and so forth because we want to communicate. But
6 how this data is used is the major problem that we
7 have here.

8 DR. SHARP: And that's a good point. Let me
9 just sort of touch here and here before I stop
10 completely. The question about what happens when you
11 have different systems and will the state be able to
12 interact with other states. When you look at the
13 vendors out there today and analyze their product,
14 they are very disparate. These products won't
15 interface with one another unless the nation appoints
16 one vendor as the end-all for a prescription drug
17 monitoring program because they won't communicate.

18 When you get across state boundaries, these
19 health information exchanges that all states are
20 moving in the direction of, they're following similar
21 standards. There are some variations, but they're

22

1 following similar standards. So inevitably ten years
2 from now there will be limited data exchange for cross
3 state adverse events or just events in general. So if
4 the patient is on the border of Maryland and goes to a
5 Delaware hospital --

6 JUDGE FADER: So you see this much further
7 away?

8 DR. SHARP: Absolutely. Within the state
9 you are three to five years if you use the
10 infrastructure of a health information exchange. You
11 are faster if you use a defined vendor, but that
12 defined vendor won't be able to communicate outside
13 the borders because every vendor asks for different
14 parameters and their software is not compatible with
15 the next.

16 JUDGE FADER: I just want to reiterate my
17 situation. The Constitution says that I can't
18 interfere even as a judge with their decision to
19 prosecute. But what I have to feel, we have got to
20 come up with here is some sort of a system to give
21 them advice whether they want it or not, and to make
22

1 their decisions to prosecute based upon that medical
2 advice.

3 DR. LYLES: Just like the fifteen and
4 sixteen year olds.

5 JUDGE FADER: Well, I understand all of your
6 problems, but the Constitution is not going to allow
7 any of us to interfere with the prosecutorial right of
8 the Attorney General of the United States or the
9 State's Attorney for Baltimore County or Baltimore
10 City. That's just not going to happen because there
11 is not going to be a constitutional change.

12 But the situation is that what we can hope
13 for is a system that the prosecutors will join us in
14 saying when they have problems that they will have the
15 benefit of advice as to whether this is
16 overprescribing or will take no position.

17 Ramsay, you sure have been outspoken about
18 all of that.

19 DR. FARAH: I am very concerned because it
20 is up to extort. Today there are communities in
21 Pennsylvania that are bordering us in western Maryland

22

1 that I can tell you probably fifty percent of the
2 residents of Saxton, Pennsylvania have access to
3 prescription medication that is filtering to Maryland
4 in a huge amount. I have treated four hundred
5 patients. It is very, very worrisome because when you
6 talk about access, and I'm sitting here thinking how
7 am I going to get to know these doctors and get them
8 the information they need to know to stop prescribing
9 the stuff and stop the influx of these pills into
10 Maryland. No matter how tight we are we have all
11 these neighboring prescription systems.

12 And with the same breath I'm worried, we are
13 reviewing cases all the time, you can't imagine how
14 many cases we review where we have had complaints.
15 This is overprescribing. I look at it, no. It is
16 appropriate therapy. Why are we prosecuting this?

17 JUDGE FADER: What I see as an issue, when
18 the DEA and prosecutors go down to the Legislature to
19 give them the benefit of their advice with regard to
20 all of this, and they will be going down there, I
21 know, that they can keep all of this in mind as to the

22

1 concerns with all of this and the importance of
2 injecting some medical opinions from good people into
3 all this. You are all going to vote as to how you
4 want all of this to come. But that's the way I see
5 it, is there is going to be no interference with the
6 prosecutorial function and I would hope that the
7 prosecutors can join in on this to say that perhaps it
8 is good to seek advice. But go ahead.

9 DR. LYLES: When you get into the legal
10 aspects of this, you are presuming that we know what
11 we are doing. We don't.

12 JUDGE FADER: Who is "we"?

13 DR. LYLES: Doctors, physicians, the medical
14 community. You are prosecuting on the basis of
15 something called standard of care. Is it the right
16 medicine or not? This is an ever evolving system.

17 And you and I have talked about it, standard
18 of care. It changes monthly. Two years ago we didn't
19 have any idea about testing, genetic testing for a
20 fast metabolism versus a slow metabolism. Five years
21 ago I didn't think I would ever do stem cell implants

22

1 in the office. We do now. This is ever evolving.

2 JUDGE FADER: But there are certain things
3 that you know are way overboard. There are certain
4 things with regard to this pain medication that Ramsay
5 knows that are way overboard. They just are not good
6 medical practice.

7 DR. LYLES: We don't know that. No, no, no,
8 you don't know that.

9 JUDGE FADER: In certain cases you can
10 identify that.

11 DR. LYLES: You don't know because I don't
12 know that, and I'm the expert. I'll have a colleague
13 who will come here and he may say, yeah, we have got
14 overprescribing, but we can't define overprescribing,
15 you can't define it with the Board. You can have an
16 idea.

17 DR. FARAH: Just to give you a thumb nail
18 sketch what we have been doing. When we have a
19 complaint, we look at the medical records, we look at
20 the pattern of that physician, we look at
21 documentation. We do a practice review, and we have

22

1 peers that look into that and give us reports. And we
2 analyze it very thoroughly, and I can feel very
3 comfortable that a lot of the physicians we have
4 disciplined -- and I can tell you we have disciplined
5 a whole bunch of physicians -- and the reason why is
6 because you can see a consistent pattern of
7 inappropriate management, on, and on, and on. And I
8 don't -- I can sleep very well at night knowing that
9 we yanked the license of these physicians.

10 JUDGE FADER: Some of it is for
11 overprescribing?

12 DR. FARAH: That is correct. On the other
13 hand, there have been specific cases where we have
14 very, very, very thoroughly argued that this has not
15 been improper care, these circumstances are such that
16 this patient did require this massive dose, this high
17 combination. So part of this whole thing is going to
18 be a tremendous amount of education and documentation,
19 and trying to make sure colleagues recognize the
20 importance of this and properly put to paper the data
21 that supports the approach of why they handled what

22

1 they handled.

2 DR. LYLES: You did talk about
3 documentation, and in many cases what you are
4 prosecuting on is improper documentation rather than
5 medical judgment. I read many of these things.

6 DR. FARAH: Let's face it. The police
7 officer goes into that doctor's office and in his
8 office there are about 125 different bottles written
9 to ten different patients of huge amounts of
10 medications. You open up the drawers and there is --

11 DR. LYLES: These are the egregious, I
12 understand that.

13 DR. FARAH: The patient is allowed to come
14 in and say what do you want today. Some of it is so
15 flagrant it doesn't take anybody to know. These are
16 the bad acting individuals.

17 DR. LYLES: And we do have a minority of
18 them, I understand that.

19 JUDGE FADER: We're going to call upon the
20 prosecutors at some point, not these two, but after
21 they confer and we are going to look at other states

22

1 as to what they have done with regard to this. And
2 this is one of the key issues that we're going to have
3 to come up with. There is prosecutorial authority is
4 what it is, constitutional. The situation is how are
5 we going to handle these questions that are exchanged
6 and I know you want to weigh in on this, too. And I
7 don't know the answer to that.

8 DR. COHEN: One point pertaining to this
9 overprescription, and then another point, and then a
10 question. And I like making things brief.

11 First, from our perspective, I get reports
12 from people who have died from methadone overdoses,
13 and there is a new methadone overdose, a methadone
14 mortality report that's out. It is not coming from
15 methadone maintenance programs, but these deaths are
16 coming from other places. The ones that concern me
17 are the people who are severely mentally ill and the
18 number of reports that they die from methadone
19 overdose. They get it some other way, and the kind of
20 training that is necessary is really important.

21 Which comes next to data. We have in
22

1 electronic medical records called Smart. And if you
2 take a look at two methadone programs, you have one
3 that is horrible and one that is good. And you say,
4 let's bag the program. This is where you can't have
5 prosecutorial push because you are going to see that
6 this program is in a very poor area where people tend
7 to be inconsistent without the social security. They
8 are handling tough people, so you can't compare the
9 two with the terms of what the outcome and one is
10 doing a poor job and one is giving out too much
11 methadone for example. You have to be very, very
12 careful.

13 Now, to get to in terms of electronic data,
14 we have a system where we're going to have people
15 e-prescribing and hopefully we have a module. What
16 I'm learning out of this is if we only have six
17 percent of physicians doing this, you start to get,
18 let's say, a hundred percent, what a mess in terms of
19 the amount of data coming through, which now we have
20 nonstandardized transactions, you are now having to
21 translate and then make it standardized so it can be

22

1 interpreted.

2 DR. SHARP: The networks do that today
3 anyway for all kinds of data, in a nanosecond.

4 DR. COHEN: My question is, is it going to
5 get jammed up?

6 DR. SHARP: No, no.

7 DR. COHEN: Are you going to have to have
8 more equipment, purchase more equipment to handle all
9 of that, which also costs.

10 DR. SHARP: Not at the end points. It
11 happens in the middle, the intermediary, the vendors,
12 the infrastructures in the middle will expand. The
13 end points won't. The upgrades, but the end points is
14 small.

15 DR. COHEN: We are talking about something
16 that is for the public good and you are speaking about
17 the necessity for standardized transactions.

18 DR. SHARP: I stayed away a little bit from
19 the whole public utility piece because I thought it
20 would take us too far in another direction. But there
21 is a tremendous amount of public good that comes from

22

1 a utility like this.

2 DR. COHEN: I will urge, and I know I'm not
3 a member of the council, but I would urge a discussion
4 about the necessity for certain standards. We are not
5 talking about the difference between Blu-ray and High
6 Definition or Beta versus VHS. We are talking about a
7 public good that costs a certain amount of money. And
8 you have to have standards. It is a difference of
9 consensus and market driven, you have to have
10 leadership, make a decision on the public good. We
11 can't afford --

12 DR. SHARP: No question. The infrastructure
13 for the states that are moving into health information
14 exchange, there is an entire component that refers to
15 the public good. It is secondary uses of data,
16 whether research or biomedical purposes, whether it be
17 for adverse events. There are just tons of
18 opportunities that we can talk a great bit about, and
19 the research out there is just enormous. On the
20 secondary because uses of protected health
21 information, pharmacy data, medical data -- it is

22

1 claim data, but it is there. Good question.

2 JUDGE FADER: David, I thank you very much.

3 We all thank you very much. We have certainly had a
4 resurrection today of the different problems that we
5 see we're going to just have to deal with.

6 I again would ask here if -- I'm going to
7 ask Georgette just to send out an e-mail. I'm
8 interested in this July 3rd or 10th. Does anybody
9 have any real preferences? The 3rd is kind of close
10 to the 4th of July.

11 MS. KATZ: You said the 10th or the 17th.

12 JUDGE FADER: What did I say, the 10th or
13 the 17th? Okay.

14 DR. LYLES: 17th is best.

15 MR. KOZLOWSKI: That's fine.

16 DR. COHEN: 17th.

17 JUDGE FADER: All right. Georgette, I would
18 also like you to send out an e-mail saying that the
19 tentative meetings for September are September 10th,
20 for October are October 9th, November are November
21 13th. That's the second Friday. Anybody have any

22

1 objection, as opposed to the first Friday? And that
2 these are pretty much going to be the work sessions.
3 Because following this June 3rd meeting, you are going
4 to get -- after Georgette, Michael, and I sit down,
5 you are going to get an e-mail from us saying here are
6 the issues, who wants to add to it, who wants to
7 subtract from it, who wants to rearrange it,
8 categories and things of that sort. And that will be
9 the primary discussion at -- what did we say, July
10 10th or the 17th -- the 17th meeting, then, to have
11 all of the issues and the different statutes available
12 as we come to these meetings, and ideas as to how
13 people will handle all of this. Anybody have any
14 comments on that, questions about it, anything of that
15 sort?

16 MS. HERMAN: It is September 11th.

17 JUDGE FADER: That's a Friday. Is it the
18 11th? Well, Georgette knows to check everything I say
19 by now, don't you? Anybody have any other comments?
20 Anybody have any discussions, anything else? Well,
21 our law enforcement people, take back to the powers
22

1 that be the resurrected concern of what is going to
2 happen here as far as all of this.

3 MS. FORREST: Sure. I think just to keep in
4 mind, like Agent Sponheimer said, we're not intending
5 to do any kind of fishing expedition. We are only
6 here to do what has been violated. Just like Dr.
7 Farah has done things that's based on information of
8 great concern, that you aren't seeking out these
9 doctors. And that's the same as law enforcement.
10 Prosecutors don't get involved until law enforcement
11 has officially done an investigation and saying these
12 are all the violations, whatever safeguards or
13 programs have been in place, whatever laws have been
14 violated. We have plenty of work to do not to go on
15 fishing expeditions to try to find doctors. Just like
16 you find doctors that are violating things, that's how
17 we'll also be involved.

18 JUDGE FADER: But, LaRai, everybody is
19 talking about the third party who has access to this
20 data, and that third party is not going to be a single
21 individual. It is going to be a group of people, and

22

1 the big question is who is that going to be because
2 that party -- I think the sense of this group is they
3 want to be able to make recommendations to the
4 prosecutors.

5 DR. FARAH: Do we want a bunch of
6 technocrats to look at the data and say, you know
7 what, there is a potential problem, it is worth doing
8 X, Y, and Z, or you know what, let's start right now
9 and get the SOB or whatever.

10 JUDGE FADER: We really want input from the
11 prosecutors as to who this third party is, what is
12 acceptable there, on a recommendation basis, so when
13 we go down to the Legislature and make a
14 recommendation and they start asking questions about
15 this, it certainly would be a lot better if all of us
16 can get together on an acceptable type of thing with a
17 majority vote, minority vote, and things of that
18 sort. Did anybody have any comment on that right
19 now?

20 MR. RILEY: Just to support what LaRai is
21 saying, we have got about six investigators looking at

22

1 the entire state. As this gentlemen said, we're
2 looking at registrants who are off the chart. These
3 are people that are doing undercover deals, operating
4 outside their practice, that are just so flagrant and
5 they are already on the radar screen. It is not
6 something where we're proactively looking for
7 targets. We just don't have the time.

8 JUDGE FADER: I don't see the DEA much in
9 Baltimore County unless somebody is running around
10 with thirty or forty pounds of something in the back
11 of the trunk.

12 DR. LYLES: That's been our experience, too,
13 working with you guys.

14 JUDGE FADER: But I do see the Attorney
15 General's Office is going to want to have something to
16 say about this, Pat's office, and people like that.
17 Anybody else have any comments, questions?

18 Who our visitors are today, you need to sign
19 in, and you need to tell Georgette whether you want a
20 copy of this transcript, too. So you are entitled to
21 all of that, and the reason you are entitled to it is
22

1 because you are Maryland citizens. And so we'll send
2 you copies of everything. Did everybody get a copy of
3 the last transcript? Anybody who wants it who hasn't
4 gotten it?

5 (Discussion off the record.)

6 JUDGE FADER: Again, June 3rd -- 5th
7 rather. And, Gail, we need to get together with you,
8 and does anybody else wants to be in on this meeting
9 that Georgette, and I, and Michael will have with
10 Gwenn and Gail? You are welcome to it. Anybody want
11 to be notified of the date? We'll meet
12 preliminarily. We met with David. Anybody else?
13 Okay, well, if anybody does, we'll put a note out.
14 Ann. Ann wants to come to all the meetings, God bless
15 her.

16 I will e-mail both of you and I will suggest
17 a breakfast meeting someplace. You work here?

18 MS. KATZ: I live in the City. We'll come
19 someplace on the lower end, probably Columbia or the
20 airport. We had a nice meeting the other day at the
21 airport where you don't have to come through Baltimore

22

1 City 7:30 in the morning.

2 JUDGE FADER: What time? Gwenn, around 10,

3 is that okay?

4 MS. KATZ: Not for breakfast.

5 MS. HERMAN: I can't wake up that early.

6 JUDGE FADER: Let me e-mail all of you and

7 tell you. Most of the rest of us are.

8 David Sharp, I have seen your lectures many

9 times. They're excellent. They're to the point. And

10 we thank you very much.

11 DR. SHARP: My pleasure.

12 JUDGE FADER: We'll be calling upon you, and

13 thank you very much for everything.

14 DR. SHARP: You bet.

15 JUDGE FADER: June 5th.

16 MS. KATZ: Was this an easy location for

17 most people?

18 JUDGE FADER: Is there somebody else who has

19 a -- Kaiser Permanente. Where is Kaiser's

20 representative? And where is your location?

21 MR. FRIEDMAN: I don't know the exact

22

1 address, but it is Columbia Gateway.

2 JUDGE FADER: Same place as before.

3 MR. FRIEDMAN: It is very close.

4 DR. FARAH: For me it is a forty minute less
5 drive. If nobody has any objections, Columbia is on
6 the south side and you don't have to go through the
7 City.

8 JUDGE FADER: We'll have it there the next
9 time, and would you be in contact? Thank you.

10 (Whereupon, the meeting was adjourned at
11 11:45 a.m.)

12

13

14

15

16

17

18

19

20

21